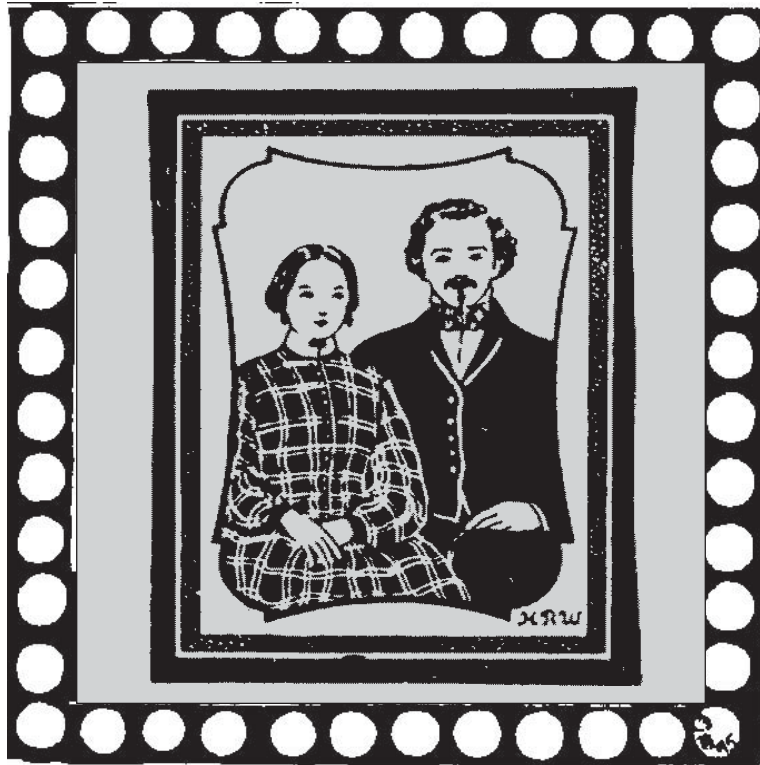


SENIOR CITIZEN'S SERVICES



IN THIS SECTION YOU WILL FIND INFORMATION ON:

- ◆ AREA AGENCIES ON AGING
- ◆ SENIOR CENTERS/CONGREGATE MEALS
- ◆ THE SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)
- ◆ FOSTER GRANDPARENTS PROGRAM
- ◆ ADDITIONAL SENIOR SERVICES

For additional information on utility assistance and discounts for seniors, see the Emergency and Utility Service section, page 85.

ELDER RESOURCE AND REFERRAL LINE

1-800-686-1431
24 HOURS A DAY

AREA AGENCY ON AGING

PROGRAM DESCRIPTION



The Area Agency on Aging organizations are dedicated to providing a wide range of services to seniors in Arizona. They advocate on the behalf of the elderly, and provide training, information and referrals on elderly issues. The following services

may be available in your area:

- Assist clients in understanding their Medicare bills and other health insurance policies.
- Transportation to and from senior centers and adult day care centers.
- Counseling to help understand and obtain benefits.
- Provision of adaptive devices such as hearing aides, dentures, etc. to assist elders in living independently.
- Minor home repairs necessary to attain or maintain a safe living environment.
- Legal advice to seniors concerned with government benefits, housing, consumer affairs, wills, and other legal matters.
- Protect the rights of those living in long term care facilities; serve as mediators and problem solvers for residents with complaints related to services.
- Home-based services such as home delivered meals, housekeeping, home nursing, assistance with daily grooming (bathing, showering, etc.) and respite care (temporary relief to caregivers of seniors in need of supervision).
- Recreation and socialization activities.
- Nutrition Program providing noon meals at local senior centers.
- Inform and educate the public to recognize elder abuse and late life domestic violence.
- Assist people age 55 or over desiring volunteer opportunities in non-profit organizations and public agencies.
- Assist those 50 and over with resources and employment referrals to find employment.
- Provide Adult Day Health Care Services.
- Some home-based services may be open to adults with disabilities who are 19 years old and older.

ELIGIBILITY INFORMATION:



Persons interested in services must be 60 years or older (or must have a spouse 60 years or older), unless otherwise stated within program descriptions.

WHERE TO APPLY:



Statewide Elder Resource and Referral Line: 1-800-686-1431
Or the Area Agency on Aging office in your county (listed below).

Maricopa County

Area Agency on Aging, Region One

1366 E Thomas Rd #108
Phoenix, AZ 85014
(602)264-HELP

Pima County

Pima Council on Aging, Region Two

8467 E Broadway
Tucson, AZ 85710
(520)790-7262

Apache, Navajo, Coconino and Yavapai Counties

Area Agency on Aging, Region Three

119 E Aspen Ave
Flagstaff, AZ 86001
(928)774-1894

Yuma, Mohave and La Paz Counties

Area Agency on Aging, Region Four

224 S Third Ave
Yuma, AZ 85364
(928)782-1886

208 N 4th St

Kingman, AZ 85364
(928)753-6247

1713 Kofa, Suite #D

Parker, AZ 85344
(928)669-9466

Pinal and Gila Counties

Pinal-Gila Council for Senior Citizens, Region Five

1895 N Trekell Rd Casa #2
Casa Grande, AZ 85222
1-800-293-9393/(520)836-2758

Graham, Greenlee, Cochise, Santa Cruz Counties

Area Agency on Aging, Region Six

118 Arizona St
Bisbee, AZ 85603
(520)432-5301

Navajo Nation, Division of Health

Area Agency on Aging, Region Seven

Window Rock Blvd Admin #2
PO Box 1390
Window Rock, AZ 86515
(928)871-6868

Inter Tribal Council of 19 Tribes

Area Agency on Aging, Region Eight

2214 N Central Ave, Ste 100
Phoenix, AZ 85004
(602)258-4822

SENIOR CENTERS/CONGREGATE MEALS

PROGRAM DESCRIPTION:



Throughout Arizona, Senior Centers provide nutritious meals for older adults in addition to a wide assortment of other services/

activities. Call the Senior Center nearest you to find out what services they offer.

Senior subsidized valley bus tickets and other ride tickets are available at the Senior Centers. Call: (602) 264-4357

Apache County

Round Valley Senior Center
356 S Papago St
Springerville, AZ 85938
(928)333-2516

St. Johns Senior Center
395 S 1st West
St. Johns, AZ 85936
(928)337-2144

Cochise County

Benson Senior Center
705 W Union St
Benson, AZ 85602
(520)586-9775

Bisbee Senior Center
300 Collins Rd
Bisbee, AZ 85603
(520)432-4611

Douglas Senior Center
610 E 9th Ave
Douglas, AZ 85607
(520)364-7763

Huachuca City Senior Center
504 N Gonzales Blvd
Huachuca City, AZ 85616
(520)456-0224

Tombstone Senior Center
513 E Toughnut
Tombstone, AZ 85638
(520)457-2533

Sunsites Senior/Community Center
1270 Treasure Rd
Sunsites, AZ 85625
(520)826-4003

Oscar Yrun Community Center
3020 E Tacoma St
Sierra Vista, AZ 85635
(520)458-7922

Willcox Senior Center
312 W Stewart
Willcox, AZ 85643
(520)384-2662

Coconino County

Coconino County Community Center
2625 N King
Flagstaff, AZ 86004
(928)522-7979

Fredonia Senior Citizen's Center
80 N 100 West
Fredonia, AZ 86022
(928)643-7278

Bill Williams Senior Center
850 W Grant
Williams, AZ 86046
(928)635-2628

Adult Community Center of Sedona
2645 Melody Lane
Sedona, AZ 86336
(928)282-2834

Page Senior Center
699 S Navajo
Page, AZ 86040
(928) 645-2600

Gila County

Globe Senior Center
579 S Broad St
Globe, AZ 85501
(928)425-9030

Hayden Senior Center
520 Velasco Ave
Hayden, AZ 85235
(520)356-7035

Miami Senior Center
506 Live Oak St
Miami, AZ 85539
(928)473-4190

Payson Senior Center
514 W Main St
Payson, AZ 85541
(928)474-4876

Graham/Greenlee Counties

Safford Senior Center
822 W Main St
Safford, AZ 85546
(928)428-5891
(928)428-4328 (Nutrition)

Clifton Senior Center
104 Fourth St
Clifton, AZ 85533
(928)865-5240

La Paz County

Town of Parker
Community Senior Center
1115 12th St.
Parker, AZ 85344
(928)669-9514

Maricopa County

Jewish Community Center
1805 W Montebello
Phoenix, AZ 85015
(602)242-1999

Shadow Mountain Senior Center
14424 N 32nd St
Phoenix, AZ 85032
(602)534-2303

Ahwatukee Foothills Senior Center
5051 E Elliot Rd
Phoenix, AZ 85044
(480)893-6835

McDowell Place Senior Center
1845 E McDowell
Phoenix, AZ 85006
(602)262-1842

Avondale Senior Citizen's Center
1007 S 3rd St
Avondale, AZ 85323
(623)932-9440

Buckeye Senior Center
201 E. Centre Ave
Buckeye, AZ 85326
(623) 386-4002

SENIOR CENTERS/CONGREGATE MEALS

Chicanos Por La Casa
1122 E Buckeye Rd
Phoenix, AZ 85034
(602)254-0155
Chinese Senior Center
734 W Elm St
Phoenix, AZ 85013
(602)262-6411

Concord Senior Center
2600 N Saratoga St
Tempe, AZ 85281
(480)990-1875

Deer Valley Senior Services
2001 W Wahalla Ln
Phoenix, AZ 85027
(602)495-3714

Desert West Community Center
6501 W Virginia Ave
Phoenix, AZ 85035
(602)495-3711

El Mirage Senior Center
14010 N El Mirage Rd
El Mirage, AZ 85335
(623)937-0500

Fountain Hills Senior Center
13001 N LaMontana Blvd
Fountain Hills, AZ 85268
(480)816-5888

Gila Bend Senior Center
202 N Euclid
Gila Bend, AZ 85337
(928)683-2244

Gilbert Senior Center
100 Oak St
Gilbert, AZ 85233
(480)892-9898

Luke Krohn Senior Ctr.
1940 1/2 E Villa St
Phoenix, AZ 85006
(602)262-6835

Manzanita Senior Center
3581 W Northern
Phoenix, AZ 85051
(602)262-4949

Marcos De Niza Senior Ctr

305 W Pima St
Phoenix, AZ 85003
(602)261-8511

Mesa Senior Center
247 N McDonald
Mesa, AZ 85201
(480)962-5612

Mesa Senior Center East
7550 E Adobe Rd
Mesa, AZ 85207
(480)218-2221

New River Senior Center
48606 N 17th Ave
New River, AZ 85087
(623)465-0367

Olive Branch Senior Center
10765 W Peoria Ave
Sun City, AZ 85351
(623)974-6797

Paradise Valley Community Center
17402 N 40th St
Phoenix, AZ 85032
(602)495-3785

Peoria Senior Center
8335 W Jefferson
Peoria, AZ 85345
(623)979-3911

Salvation Army Senior Center
613 N 4th Ave
Phoenix, AZ 85003
(602)251-2005

Santa Rosa Senior Center
1901 W Ocotillo Rd
Phoenix, AZ 85015
(602)242-2258

Senior Opportunities West
1220 S 7th Ave
Phoenix, AZ 85007
(602)262-6610

Senior Services East
1818 S 16th St
Phoenix, AZ 85034
(602)495-5419

South Mountain Community Center
212 E Alta Vista Rd
Phoenix, AZ 85042
(602)262-4093
Squaw Peak Senior Center
2927 E Campbell Ave
Phoenix, AZ 85016
(602)262-7807

Sunnyslope Senior Center
802 E Vogel Ave
Phoenix, AZ 85020
(602)262-7572

Surprise Community Initiatives
15832 N Hollyhock
Surprise, AZ 85374
(623)583-0653

Tolleson Senior Center
9555 W. Van Buren
Tolleson, AZ 85353
(623)936-2747

Westside Senior Center
4343 W Thomas Rd
Phoenix, AZ 85031
(602)262-1609

Scottsdale Senior Center
7375 E 2nd St
Scottsdale, AZ 85251
(480)312-2375

YWCA Valley West Center
8561 N 61st Ave
Glendale, AZ 85302
(623)931-7436

Wise Owl Nutrition Center
256 N Washington St
Wickenburg, AZ 85390
(928)684-7894

Mohave County
Mohave Valley Community Center
2275 Trane Rd
Bullhead City, AZ 85442
(928)758-0718

Kingman Nutrition Center
1776-1/2 Airway Ave
Kingman, AZ 85401
(928)757-8150

SENIOR CENTERS/CONGREGATE MEALS

Lake Havasu Senior Center
470 S Acoma Blvd
Lake Havasu City, AZ 85406
(928)453-0715
Golden Shores Nutrition Center
Topock, AZ 86436
(928)768-2421

Navajo County

Holbrook Senior Citizens Center
216 N Joy nevin Ave
Holbrook, AZ 85025
(928)524-6044

Silver Creek Senior Center
1658 S Main St
Snowflake, AZ 85937
(928)536-2222

Winslow Senior Center
212 E Second St
Winslow, AZ 86047
(928)289-3341

Pima County

Ajo Community Center
290 E 5th St
Ajo, AZ 85321
(520)387-5040

Archer Center
1665 S La Cholla Blvd
Tucson, AZ 85713
(520)791-4355

Armory Park Senior Center
220 S Fifth Ave
Tucson, AZ 85701
(520)791-4070

Green Valley Eastside Senior Center
7901 E Scarlett St
Tucson, AZ 85710
(520)296-4816

El Pueblo Neighborhood Center
101 W Irvington Rd Bldg 6
Tucson, AZ 85714
(520)791-5155

El Rio Neighborhood Center
1390 W Speedway Blvd
Tucson, AZ 85745
(520)791-4683

Jacobs YMCA
1010 W Lind
Tucson, AZ 85705
(520)888-7716
Marana Community Center
13251 N Lon Adams Rd
Marana, AZ 85653
(520)682-3324

Northwest Neighborhood Center
2160 N Sixth Ave
Tucson, AZ 85705
(520)791-3249

Quincie Douglas Senior Center
1575 E 36th St
Tucson, AZ 85713
(520) 791-2507

Richey Senior Center
1001 N Richey Blvd
Tucson, AZ 85716
(520)795-9671

Pinal County

Apache Junction Senior Center
1177 N Idaho Rd Ste 2
Apache Junction, AZ 85219
(480)982-3223

Coolidge Senior Center
250 S Third St
Coolidge, AZ 85228
(520)723-4803

Dorothy Powell Senior Center
405 E 6th St
Casa Grande, AZ 85222
(520)421-8760

Florence Senior Center
330 N Pinal St
Florence, AZ 85232
(520)868-7622

Superior Senior Center
360 Main St
Superior, AZ 85273
(520)689-5182

Toltec/Eloy Adult Center
3650 W Shedd Rd
Eloy, AZ 85231
(520)466-3166

Santa Cruz County

Nogales Senior Center
125 Madison St
Nogales, AZ 85621
(520)287-7422
Yavapai County
Adult Community Center of Sedona
2615 Melody Ln
Sedona, AZ 86336
(928)282-2834

Beaver Creek Adult Center
4250 E Zuni Way
Lake Montezuma, AZ 85342
(928)567-4556

Central AZ. Senior Association
Prescott Valley Nutrition Project
9360 E Manzanita Cr
Prescott Valley, AZ 86314
(928)772-8404

Lakeside/Pinetop Senior Center
1200 W White Mountain Blvd
Lakeside, AZ 85929
(928)368-5869

Prescott Meals on Wheels
335 E Aubrey St
Prescott, AZ 86303
(928)445-7630

Verde Valley Senior Center
102 E Pima St
Cottonwood, AZ 85326
(928)634-5450

Yarnell Senior Center
22302 Broadway
Yarnell, AZ 85362
(928)427-6347

Yuma County

Somerton Senior Nutrition Program
239 W Canal St
Somerton, AZ 85350
(928)627-8020

Catholic Community Services
Welton Senior Nutrition Program
10234 Dome St
Welton, AZ 85356
(928)785-4585

Yuma Senior Nutrition Program

160 E First St

SENIOR CENTERS/CONGREGATE MEALS

Yuma, AZ 85364
(928)782-4489

Indian Reservations

Ak-Chin Community Center
48203 Farrell Rd
Maricopa, AZ 85239
(520)568-2221

Campe Verde Yavapai Apache
Clarkdale Community Center
321 Bonnaha Ave
Clarkdale, AZ 86324
(928)634-8549

Colorado River Indian Tribes
Mo-Chem-Ho-Na Senior Center
Mohave Rd
Poston, AZ 85371
(928)662-4283

Fort McDowell Indian
Community Senior Citizen Center
18751 E Bon Hon Na St
Fort McDowell, AZ 85264
(480)837-2611

Gila River Indian Community
(520)562-3588
Locations:
-Blackwater
-Sacaton Flats
-Sacaton
-Stotonic
-Bapchule
-St. Johns
-Maricopa Colony

Hualapai Elderly Center
510 Canyon View Drive
Peach Springs, AZ 86434
(928)769-2375

Kaibab Paiute
Senior Nutrition Program
1 N Pipe Spring Rd
Fredonia, AZ 86022
(928)643-7245

Pascua Yaqui Tribe
Liogue Senior Center
7601 S Camino Benem
Tucson, AZ 85256

(520)879-5530

Salt River Indian
Community Senior Service Center
10005 E Osborn
Scottsdale, AZ 85256
(480)850-8427

San Carlos Older Adult Center
Hwy 170
San Carlos, AZ 85550
(928)475-2318

Tohono O'Odham
(520)383-6075

Locations:

- Sells
- South Komelik
- Schuck Toak
- San Xavier
- Santa Rosa
- Chui Chu

White Mountain Apache
(928)338-4346
-East Fork
-Canyon Day
-Cedar Creek
-Carrizo
-Cibequé

Navajo Nation

There are 81 Senior Centers throughout the Navajo Nation. Call the Navajo Area Agency on Aging nearest you for information on your local Senior Center.

Chinle Agency
Navajo Area Agency on Aging
Rt 7
Chinle, AZ 86503
(928)674-2092

Crownpoint Agency
Navajo Area Agency on Aging
Crownpoint, NM 87313
(505)786-2042

Fort Defiance Agency
Navajo Area Agency on Aging
Fort Defiance, AZ 86504
(928)729-4019

Shiprock Agency
Navajo Area Agency on Aging
Shiprock, NM 87420
(505)368-1250

Tuba City Agency
Navaho Area Agency on Aging
Tuba City, AZ 86045
(928)283-3350

OTHER

Alzheimer's Disease Education & Referral Center
1-800-438-4380

Eldercare Locator
1-800-677-1116
eldercare.gov

Health Care Financing Administration
1-800-633-4227

Medicare Claims
1-800-633-4227

Social Security Administration
1-800-772-1213

OTHER SENIOR SERVICES

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

PROGRAM DESCRIPTION:



The SCSEP is a program designed to assist seniors in finding jobs and provide job skill training. These programs are intended to assist older individuals maximize their independence by providing a stepping-stone to prepare an older person to gain job skills for their entry or return to work. The job and training is 20 hours a week and pays minimum wage.

ELIGIBILITY INFORMATION:



- To be eligible for these services you must:
- Be 55 years or older
 - Be physically suited to perform basic office/living functions
 - Have a household income of no more than 25% over the federal poverty level

WHERE TO APPLY:



For more information contact the organization nearest to you.

- | | |
|-----------|--------------------------------------|
| Flagstaff | (928)774-1895 |
| Phoenix | (602)542-4446 |
| Tucson | (520)798-0548 |
| Yuma | (480)222-4100 ext 105 (Easter Seals) |

FOSTER GRANDPARENT PROGRAM

PROGRAM DESCRIPTION:



The Foster Grandparent Program (FGP) gives you the opportunity to provide companionship and guidance to children and adults with exceptional and special needs.

Benefits:

- Stipend* of \$2.65 per hour for 20 hours of volunteer service.
- Annual physical exam (Paid for by the FG Program)
- Pre-service and in-service training

*The stipend is not subject to any tax or charge or treated as wages or compensation. The stipend will not reduce or eliminate the level of or eligibility for any assistance you may receive or be receiving under any federal, state or local governmental program.

ELIGIBILITY INFORMATION:



Minimum age of 60; must meet income requirements; must be physically and mentally capable of providing individual love and attention to children and adults.

WHERE TO APPLY:



For more information an an application, contact:

- | | |
|---------|---------------|
| Phoenix | (602)542-4446 |
| Tucson | (520)723-4151 |

OTHER SENIOR SERVICES

ADULT PROTECTIVE SERVICES

To report a situation where an older person is being neglected, abused or exploited, call Adult Protective Services at:

Statewide	1-877-767-2385
Maricopa	(602)255-0996
Pima	(520)881-4066
Apache and Coconino	(928)779-0141
La Paz, Mohave, Yuma	(928)782-4343
Gila and Pinal	(520)836-2351
Cochise, Graham, Greenlee and Santa Cruz	(928)428-7702

GOVERNOR'S ADVISORY COUNCIL ON AGING

1717 W Jefferson St
Phoenix, AZ 85007-3295
(602)542-4710

SENIOR HELP LINE

This help line assists seniors, caregivers of the elderly, and professionals working in aging services. There are program specialists available to answer your questions.

Area Agency on Aging and Elder Resource and Referral

Maricopa County	(602)264-4357
Outside Maricopa County	1-888-264-2258

Elder Care Locator

To locate Area Agency on Aging Programs in other states, call (602)264-2255 or (602)264-4357

SENIOR COMPANION

Companions devote 20 hours per week visiting clients at daycare centers for elderly, various social service agencies and direct healthcare providers.
Call: (602) 256-3353

P.A.C.E

(PHOENIX ADVOCACY AND COUNSELING FOR THE ELDERLY)

Provides assistance with and/or referrals for food, clothing, counseling, assistive devices, bills/insurance claims, utility assistance and legal aid. Must be a resident of Phoenix and at least 60 years of age.

Program available through:

City of Phoenix
200 W Washington, 17th Floor
Phoenix, AZ 85003-1611
(602)262-6631

FOUNDATION FOR SENIOR LIVING

The Foundation for Senior Living, located in Phoenix, serves the elderly, adults with disabilities, and their families. They provide many flexible, individualized, and personal care programs designed to protect senior adults and those with disabilities from costly, inappropriate institutional placement.

To receive these services you must be an individual or have a family member who is 60 and older or be an adult with disabilities.
Call (602)285-1800

SENIOR RESOURCE NETWORK OF TUCSON

Provides information, referrals, housing, and adult home care information.
Call (520)795-7480